

# About Us

Mesa



## **Brandon Penas- PT, DPT, OCS, Cert DNClinic Director**

(Email)

Brandon graduated from the University of Nebraska with a Bachelor of Science degree. He attended the University of Nebraska Omaha for his Doctorate of Physical Therapy in 2007, joining Endurance Rehab this same year. He became board certified by the American Physical Therapy Association in orthopedic physical therapy in 2013 (OCS). Brandon's clinical area of expertise is in the evaluation, treatment and prevention of musculoskeletal conditions. His clinical interests include sports medicine, working with overhead athletes, and golf swing analysis and fitness instruction. He is a Titleist Level 1 Certified Golf Fitness Instructor. Brandon played NCAA Division I Collegiate baseball at the University of Nebraska and was a pitcher and had the opportunity to participate in Nebraska's first ever College World Series appearance. Outside of work, he enjoys spending time with his wife and two boys, rooting for his Cornhuskers, running, resistance training and playing golf.



Brandon Penas- PT, DPT, OCS, Cert DNClinic Director

## **Jaree Price- DPTPhysical Therapist**

(Email)

Jaree was born and raised in rural community Nebraska. She grew up playing volleyball, basketball, track, and softball at a private college in Hastings, Nebraska. There she played collegiate level volleyball and track & field. She graduated with her DPT in 2011. Jaree attended the University of Nebraska Medical Center in Omaha, Nebraska where she graduated with her DPT in 2011. Jaree discovered Arizona on a clinical rotation with Endurance Rehab at the Scottsdale clinic in 2015. Jaree fell in love with Endurance Rehab and wanted to be a part of a great patient centered team. Her clinical interest includes orthopedic conditions for patients of all ages. Jaree enjoys riding four wheelers, watching the Cornhuskers (GO BIG RED), playing volleyball, and spending time with family and friends.



Jaree Price- DPT Physical Therapist

## **Kayla MurphyPTA**

kmurphy@endurancerehab.com

Kayla grew up in a small town South of Chicago, Illinois. She grew up playing competitive volleyball and softball and gymnastics. At the age of 18 she moved to Gilbert, AZ and attended PTA school at Pima Medical Institute, graduating opportunity to work in different outpatient orthopedic clinics, skilled nursing facilities and with professional athletes. athletes of all ages, overuse injuries and balance deficits. Outside of the clinic, Kayla enjoys spending time with her fr softball and strength training.Â



Kayla MurphyPTA

## **Jim Gibson Practice Liaison and Performance Specialist**

(Email)

Jim first entered the Health and Fitness industry as a one on one personal trainer. From there, he began composing and to training his clientele individually. After four years of helping clients achieve their health goals in the gym setting in he has helped his clients bridge the gap between their success in rehabilitating injuries and realizing their physical fitness individual to be able to achieve his or her health, weight, and/or strength improvement goals, the body must be physically to ensure that injury is prevented and success will follow. At Endurance Jim meets with individual clients to help them many of them immediately after the completion of their therapy. Additionally, he oversees the Core Conditioning Class earned his B.S. in Kinesiology from Arizona State University, where he also minored in Small Business.



Jim Gibson Practice Liaison and Performance Specialist

## **Nate KochPT, A.T.C, Cert DNOwner Endurance Rehab**

(Email)

Nathan received his physical therapy degree and his certification in Athletic Training from Saint Louis University in 1998. He provided sports medicine to NCAA Division I men's and women's athletics (at SLU and the University of Nebraska) and worked as a research assistant, where his work was published. Nathan then spent 3 seasons working part-time for the St. Louis Ranney Clinic (ProRehab) in St. Louis, Missouri.

In 2003 Nathan founded Endurance Rehabilitation with the goal of providing the most complete and comprehensive physical therapy available to endurance athletes. Endurance Rehab has been nationally and locally recognized for its injury recovery and prevention. Media outlets include: AZ Channel 15, Active.Com, Arizona Republic, Sweat Magazine, Pez Cycling.Com, CyclingNews.com, Bike World Magazine. Clients include: professional cyclists/triathletes/baseball/football/basketball players and golfers, race car drivers, ice skaters, firefighters, police officers, CEO's of Fortune 500 companies and everyday recreational athletes.

Nathan has been an educator to fellow therapists, presenting on "Core Strengthening for the Endurance Athlete." Over the years he has been a contributing writer for LAVA magazine and Triathlete Magazine on topics related to injury prevention and injury recovery. In addition to performing medical bike fits, he currently teaches for Cyclogic. He has also taught for the world re-known Serotta Instructors.

Nathan has served as the PT consultant to Trek Segafredo Professional Cycling Team since Dec 2015.

Supporting the community and those in need is a priority for Nathan and the rest of the staff at Endurance Rehab. As a company, every employee is allowed extra days of paid vacation for volunteer work with a recognized non-profit.

## **Brian ThiesHAND THERAPISTMS, OTR/L, COMT, CHT**

[brian@thieshandtherapy.com](mailto:brian@thieshandtherapy.com)

**Undergrad:** University of Arizona

**OT school:** AT Still University

**Adjunct Faculty:** Franklin Pierce University

**Certifications:** MS, OTR/L, COMT, CHT, ASTYM

**Clinical Interest:** hand therapy, diagnostics of hand, elbow and shoulder, acute, chronic and post-surgical hand injuries