

About Us

Our Team



After 5 doctors, a physical therapist and chiropractor all told me "too bad, so sad", you are getting older and have a chronic injury that is not treatable, I was referred to Nate by a dear friend. Six weeks later, I am able to actually take a walk and road bike without pain! I can't say enough about the competency of the entire staff! Shane oversaw my treatment and rehab--thank you! Thank you for giving me my physical freedom back!

- Kathy Ammon

Our team works long hours to stay on top of the latest in endurance rehabilitation and physical therapy. But we also continue to enjoy our favorite sports. Check out our bios to find out more about our sports specialties and backgrounds.

- [Scottsdale Team](#)
- [Phoenix Team](#)
- [Mesa Team](#)