

Education

Ask Brandon



HAVE A REHAB or INJURY related question? ASK BRANDON

If you have any questions regarding therapy, sports-related injury, and/or sports injury prevention, don't hesitate to email Brandon at brandon@endurancerehab.com.

"After a total hip replacement I was referred to Endurance for physical therapy. I was very fortunate to have been scheduled to work with Brandon Penas. I can't say enough about not only Brandon's knowledge and skill but most importantly his ability to listen and think outside of the box. I always felt that he personally appreciated and addressed my concerns with thoughtfulness and empathy. It makes it easy to invest even more in your own recovery....you feel as if he is as committed to your success as you are."

- Denise B