

OUR SUCCESS

OUR SUCCESSES

I was at the end my wits



After a couple of years of chronic injuries I was ready to give up running and triathlons. Someone then referred me to Endurance Rehab and Nate Koch. That was my ticket out of the ongoing injuries! Nate diagnosed the problem, got down the root cause and through cutting edge treatment and counsel, brought me back to where I'm now achieving more than I ever thought possible in triathlon. I even competed at the World Champions thanks to Endurance Rehab and their great staff. I couldn't recommend them more highly!"

Lincoln Murdoch
50-54 Triathlete